History of ice cream

Facts, figures are noted

By SHIRLEY WALTON
Extension Agent

Good News For Homemakers — HOME ECONOMICS

History Of Ice Cream

This is Part I of a two-part article on ice cream. This week I will be some interesting history about ice cream and next week I will share with you come facts and figures that are interesting concerning our ice cream in our diet.

According to historians, ice cream was not invented, but perfected. It evolved from the flavored ices that were popular with the Roman nobility in the 4th century B.C. Nero was suspposed to have imported snow from mountainuous regions to be topped with fruit juices and honey. In the 13th century, Marco Polo returned to Europe from China with recipes for water and milk ices.

Italians put containers of water beverages in a dish of snow with saltpeter for faster cooling. Tortoni introduced cream ices to France and England at the end of the 18th century. History books tell us that ice cream was then the exclusive treat of royalty who kept the recipe from the common folks.

By 1776 there were several American confectioners who specialized in making ice cream. George Washington and Dolly Madison were known to have served it on many occasions.

The freezing process was simplified in 1846 when a freezer with rotary paddles was invented. This kept the product smooth while freezing. This new freezer stimulated the manufacture of ice cream in large quantities for selling in retail stores and restaurants. In 1851, the first wholesale ice cream was manufactured in Baltimore.

Twenty-three years later in Philadelphia the ice cream soda was originated as a substitute for ice cream. They used cream, syrup and carbonated water beverage. It wasn't until 1903 that the soda fountain was developed.

The ice cream Sundae was developed between 1896 and 1900. Historians disagree as to the exact time and place. One story involves the fact that the soda could not be sold on Sunday. "Sodas" were served with the ice cream and syrup. The combination was named for the day, but spelled "Sundae."

The ice cream cone was a special development for the 1904 World's Fair in St. Louis. A dish was needed for serving ice cream, so a wafer-like waffle was rolled in the shape of a cone and filled with ice cream. Thus, an instant hit was born in the 1904 World's Fair.

The Eskimo Pie was developed in 1921, the Good Humor Bar in 1922 and we had to wait until 1939 for the soft-served ice cream.

Ice cream is delicious, nutritious and cooling on a hot summer day. I will be sharing with you next week additional information about ice cream and some good recipes for making your own homemade ice cream.

If you have a homemaking question or problem, please call 352-8244 or you may write P.O. Box 488, Appomattox, VA 24522. It is always a pleasure to hear from you and to help you.

Have a good week!

RECIPE OF THE WEEK

Philadelphia Style Vanilla Ice Cream

6 cups milk
4 cups whipping cream
2 cups sugar
2 tablespoons vanilla extract
1/4 teaspoon salt

Combine all ingredients in freezer can. Stir until sugar is dissolved. Chill. Churn-freeze. Makes approx. 1 gallon.

Luncheon honors Mrs. House

Jean V. House, noted author and speaker, was the guest of honor at a luncheon held at the home of Mrs. Virginia Doss on Tuesday, June 19.

Mrs. House, who spoke on steps to walking united with God through problems, drew information from her latest book, **Weight on the Lord**. She believes God ordained her weight problem to give her compassion for those with the same problem and out of this came the book.

"The greatest thing is to know I'm where the Lord wants me, doing what He wants me to do," she said. "So few people have direction for their lives and in every situation having directions will lead to victory of our problems."

Using four basic points she step-bystep presented a plan for weight loss. Her first point was derived from the Scripture, Psalms 27:14..."Wait on the Lord.." And, while waiting read, study, listen and forgive.

The second point based Romans 8:28..."All things work for good..." Mrs. House stated that all thing don't always look kind and beautiful to the eyes. "Look at the Cross," she exclaimed, "it didn't look like a beautiful act, but it was!"

Her third point came from the Scruputure, "I can do all things through Christ Who strengthens me." (Phil. 4:13). And, finally her fourth point, was trust. Based on Proverbs 3:5-6 she said, "while you're waiting, while you're humbling yourself, while you're wating for all things to work together for good, trust."

Though diet is important, she stresses exercise as equally so. Walking is best; however, she took up roller skating two years ago and the neighborhood children call her "Speed Limit," since that and her age were the same at the atime.

Jean House was born in Philadelphia and after gradating from Berte' School of Fashion and Design, she did frequent modeling and commericial art. After marriage she taught in public schools. She has two children and two grandsons and lives in Hampton.Va.

She teaches Bible study geared to victorious Christian living and is active in church and volunteer work. She has traveled to the Holy Land and studied for two weeks at L'Abri under the tutorlege of Dr. Francis Schaeffer.

Recently, Mrs. House has become involved in a radio ministry for the handicapped and more recently she has been taping a program to be aired in Jerusalem called "Voice In The Wilderness", which will spread the good news of God's love to His people

Mrs. House said, "God can call on you to do things you're never done before. God has given me guidance word by word...explicate direction and out of fantastic heartbreak He brought forth a fantastic book."

Officers installed

OFFICERS OF THE CON-TERRA WOMAN'S CLUB for 1984-85 club year were recently installed at a banquet held at the Falling River Country Club. Pictured: left to right - Mrs. Kenneth Harris, immediate past president of the Alice Kyle District of W.C. who did the installation; Mrs. Wiley W. Wariner, Jr., president; Mrs. Kenneth Franklin, first-vice president; Mrs. Robert Bumpas, second vice president; Mrs. Eddie Gunter, recording secretary; Mrs. William Lindsay, treasurer; Mrs. Roy Bennett, historian. Not present was Mrs. Jay Kelly, corresponding secretary.

Letter:

Poverty-level is increasing

Editor:

Sure, the recession has made it rough on Americans the past few years, with the poverty-level population increasing from 29 million in 1980 to over 35 million at present. This has been a painful but endurable experience for us.

But outside the U.S. borders, there have been some actually horrifying developments which worsen with each passing year. UNICEF (do not be confused with UNESCO, whose funds President Reagan wants discontinued) reports that in 1983 alone 21 million children died, most by far in Third World countries. The sheer immensity of the problem almost overwhelms the mind. Some nations lose more than 150 of every 1000 live births during the FIRST year of life.

And UNICEF has been fighting a losing battle to improve these statistics -- for lack of sufficient funds. They contend that with additional money from the First World they could save 10 million children yearly. They could extend a strategy which they have found to be very effective in the past several years. This strategy, in 1982 for example, involved the use of 900,000 volunteers whom UNICEF trained in basic sanitation, nutrition and health care. These "educated ones" went on foot to villages to teach and motivate their neighbors -- and achieved excellent results. But limited funds prevented widespread use of this system.

If you think the 21 million kids, which will be lost in the year of 1984, are worth a few moments of concern, there is a very effective way you can help salvage their very lives. Simply exercise your citizenship and write a brief note to your senators, care of the Senate Office Building, Washington, D.C. Ask them to support the Human Needs and World Security Bill. This legislation allocates $250 million to Third World health care and related development efforts. This amount, $1 per American over the next year, is an almost unnoticeable sum when compared to the billions of "security" aid we presently give.

Here at home we obviously have many domestic problems deserving our attention, but at least here most of our children make it to adulthood.

Sincerely,
Dick Fister
105 Terrel Dr.
Elsmere, Ky. 41018
(606) 342-9909

Showers honor Miss Carter

Crystal Carter and Larry Smith, whose marriage will take place Aug. 25, have been honored with several parties.

A miscellaneous shower and buffet luncheon was given on Friday, June 8 in their honor by Evelyn Sweat. The party was held at the Main Street Methodist Church fellowship hall in Suffolk, Va.

Miss Carter received many nice and useful gifts.

Miss Carter was also honored Sunday, June 24 with a miscellaneous shower. Hostesses included her aunts, Mrs. Alfred C. Martin, Mrs. M.G. (Dick) Martin, Jr., Mrs. H.H. Moore, Jr., Mrs. Vernon Racer and Mrs. Herman L. Yeatts, entertaining at Trinity United Methodist Church in Concord.

The color scheme of Williamsburg blue, burgundy and cream was carried out on the refreshment table.

Miss Carter received many nice and useful gifts from her relatives and friends.

The wedding of Miss Carter to Mr. Larry Smith of Aulander, N.C. will take place Aug. 25 at Trinity United Methodist Church in concord.

Defensive driving is stressed

Defensive driving by all Virginians could help make this the safest July Fourth holiday on record, according to the Virginia Division of Motor Vehicles (DMV).

"Never before has defensive driving been more essential to prevent motor vehicle crashes when you consider the tremendous number and variety of vehicles on our highways," said DMV Deputy Commissioner John T. Hanna.

Last year the three-day July Fourth weekend claimed 10 motorists' lives. The summer months of June, July and August account for at least 40 percent of all highway crashes.

"More than 80 percent of all highway crashes involve human error. Therefore, most of last year's crashes could have been prevented by improved driver knowledge and skill," Hanna added.

During the holiday, many Virginians may travel long distances on turnpikes, expressways or interstate highways, requiring different driving techniques than on regular roads.

DMV recommends following these expressway driving techniques.

Study a map and locate correct exits before starting.

Enter the expressway by accelerating quickly to blend into existing traffic flow and stay within 55 mph speed limit.

Avoid sudden stops or backing up onthe highway. If an exit is missed go on to the next.

When passing, check to the rear and give a left turn signal. Afterward, wait until the other vehicle appears in your rear view mirror. Then signal a right turn and return to the right lane.

Allow plenty of space between your car and vehicles in other lanes.

Leave the expressway by slowing down in the deceleration lane to the posted ramp speed.

"Nationally, last year, highway crashes accounted for more than 42,000 deaths, over three million injuries and more than $20 billion in property damage.That's not mentioning the individual medical and psychological costs," Hanna said.

"Graduates from National Safety Council defensive driving courses experience over 30 percent fewer crashes than other drivers," he added. "Check with your local safety council about this valuable training."

Receives degree

Andrew Kelson, son of Mr. and Mrs. Harrison J. Kelso of Spout Spring graduated from VPI and SU in Blacksburg on June 9.

Andrew received a bachelor of science degree in marketing education.

Social notes

Wells C. Lewis is a patient at the veterans hospital in Salem, undergoing treatment. He is the husband of Faye McFadden Lewis and the father of three children, Ricky, Robert and Patricia.

R. B. Moore and Warren Moore, Jr. have returned home after vacationing for a week in Florida.

Shop Locally

Shop Locally

COME TO OUR JULY 4TH *** BARGAIN BLAST

MICHELIN XA4
P165/80R13 .... $57.95
P185/80R13 .... $73.73
P195/75R14 .... $84.42
P205/70R14 .... $85.69
P205/75R15 .... $92.12
P225/75R15 .... $92.95
P235/75R15 .... $99.95

COOPER TREND SETTER
P155/80R13 ...... $36.95
P165/80R13 ...... $37.95
P185/80R13 ...... $39.95
P195/75R14 ...... $44.95
P205/75R14 ...... $45.95
P215/75R14 ...... $48.95
P205/75R15 ...... $47.95
P215/75R15 ...... $48.95
P225/75R15 ...... $51.95
P235/75R15 ...... $53.95

CENTENNIAL TRADITION IV
Manufactured By DUNLOP
FREE Road Hazard Warranty
FREE Replacement Warranty On Workmanship, Materials
P155/80R13 .... $44.10
P165/80R13 .... $45.65
P175/80R13 .... $46.75
P185/80R13 .... $51.20
P195/75R14 .... $53.50
P205/75R14 .... $55.75
P215/75R14 .... $58.00
P205/75R15 .... $59.00
P215/75R15 .... $60.00
P225/75R15 .... $63.45
P235/75R15 .... $66.00

LIGHT TRUCK — ALL TERRAIN
BIAS
27 x 8.5 - 14 .... $63.00
31 x 10.5 - 15 .... $75.00
31 x 11.5 - 15 .... $85.00
33 x 12.5 - 15 .... $89.00
RADIAL
27 - 8.5 R14 .... $80.00
30 - 9.5 R15 .... $96.00
31 - 10.5 R15 .... $103.00
32 - 11.5 R15 .... $107.00
33 - 12.5 R15 .... $115.00

BLUE RIBBON RETREADS
155 - 13 .... $16.95
185 - 13 .... $19.95
195 - 14 .... $21.95
205 - 14 .... $22.95
215 - 14 .... $24.95
205 - 15 .... $24.95
WE HAVE OUR RETREADS MADE IN APPOMATTOX, VIRGINIA

Whatever The Tire - Webb's Has The Best Tire Value
Low Price-Top Quality-Great Service-Convenient Location

We Have It Made In Virginia.

Webb's Tire Co., Inc.
411 WEST CONFEDERATE BLVD. — APPOMATTOX, VA.
PHONE: 352-7180
HOURS: MON.-FRIDAY 8-5 — SAT. 8 - NOON

THIS SUMMER, CUT COOLING COSTS WITH WHIRLYBIRD.
Lomanco
WHIRLYBIRD™ KEEPS IT MOVING!
• Save on air conditioning bills
• No maintenance, no rust
• Limited lifetime warranty
• Certified to withstand 120 mph winds*
• Operates on the slightest breeze
• Easy installation
*Based on independent laboratory tests.
$28.95
Installation Optional
J. E. SEARS & CO. INC.
"Everything to build 'anything'"
Phone 352-7128

Fourth Of July Sale
CREWE GARMENT
FACTORY OUTLET SALE
Carter Street - Crewe, Va. 23930
FABRIC & TRIM
INFANT & TODDLER WEAR
Girls Dresses Sizes 4 thru 16½
Seconds and First Quality
Thursday, June 28 - 8 a.m. to 4 p.m.
Friday, June 29 - 8 a.m. to 6 p.m.
Saturday, June 30 - 8 a.m. to 1 p.m.
Monday, July 2 - 8 a.m. to 4 p.m.

INSURANCE
J. A. BURKE & CO., INC.
33 MAIN STREET - APPOMATTOX
Representing the following companies:
THE TRAVELERS INSURANCE COMPANY
UNITED STATES FIDELITY & GUARANTY CO.
INSURANCE COMPANY OF NORTH AMERICA/ AETNA
MONTGOMERY MUTUAL INSURANCE CO.
HOME INSURANCE COMPANY
FIDELITY & DEPOSIT CO. of MARYLAND
Automobile-Homeowner-Farmowner
And Other Personal Coverages
Your Independent Insurance Agent
BURKE IS INSURANCE
Established 1918

Times-Virginian **SOCIAL**

Mrs. Robert Wayne Thomas

Carter, Thomas are wed

Miss Crystal Dawn Carter and Mr. Robert Wayne Thomas were united in marriage on Saturday, June 23, 1984, at two o'clock in the afternoon at Elon Baptist Church, Pamplin.

The bride is the daughter of Mrs. Barbara Daubenspeck of Pamplin. The bridegroom is the son of Mr. and Mrs. Daniel Thomas, also of Pamplin.

The Rev. Danny Lee Owens, pastor, officiated the ceremony. A program of music was presented by Mrs. Lisa Womack, organist, and Ms. Janet Hix, who sang "The Wedding Song" and "Always and Forever."

The bride, escorted by her grandfather, Mr. Leslie Webber, and given in marriage by her mother and grandparents, wore a white southern bell style gown designed with a high victorian neckline and a V lace ruffle on the bodice, accented with pearls. The dress had long, fitted lace sleeves with a rufffle at the wrist. The skirt had tiers of lace flowing to a chapel length train. She had a fitted headpiece adorned with pearls which had a front and back veil. She carried a bouquet of pink rosebuds, baby's breath, and white stethanatig.

Miss Mitzi Baldwin, friend of the bride, of Pamplin was maid of honor. She wore a lavender taffeta gown and carried a bouquet of lavender flowers with an orchid in the center.

Bridemaids were Mrs. Bob Dunam, of Appomattox, Miss. Jennifer Inge, of Pamplin, and Miss Tammy Carter of Appomattox, all friends of the bride. They carried fans with an arrangementt of lavender flowers and baby's breath.

The groom and groomsmen were attired in white tuxedos, the groom wearing all white and the groomsmen wearing lavender accessories.The groom's boutonnaire consisted of a pink rosebud. The groomsmen wore lavender rosebuds.

The brother of the groom, Mr. Melvin Thomas of Pamplin, was best man. Ushers were Mr. Barry Letterman, of Pamplin, Mr. Melvin Huskey, brother-in-law of the groom, of Farmville, and Mr. Donnie Roach of Appomattox.

Miss Kristy Page, of Pamplin, was glower girl. She wore a long white taffeta dress with layers of lace. It was trimmed in lavender flowers and ribbons and she wore a matching headpiece.

Master Jason Husky, nephew of the groom, was ring bearer. He wore a white suit and carried a white heart-shaped pillow.

Mistress of ceremonies was sister of the groom, Mrs. Robert Walker Covington, of Pamplin. Misses Lisa and Denise Daubenspeck, sisters of the bride, attended the register.

The mother of the bride wore a pastel pink taffeta full length gown and a corsage of pink rosebuds. The mother of the groom wore a pastel green, floor length gown and a white rosebud corsage.

After the ceremony, a reception was held in the fellowship hall. J and E caterers catered the reception with Mrs. Chuck Webber, aunt of the bride, of Appomattox and Miss Jean Thomas, sister of the groom, of Lynchburg serving.

The bride is a 1984 graduate of Appomattox County High School. The groom also attended Appomattox County High School and is presently employed at Martin's Dairy and Augusta Lumber Company.

will reside in Pamplin.

Crystal Gay Carter

Miss Carter engaged

Mr. and Mrs. Leonard Wayne Carter of Route 4, Appomattox, announce the engagement of their daughter, Crystal Gay, to Mr. Larry Douglas Smith, the son of Mr. and Mrs. William Lloyd Smith of Aulander, N.C.

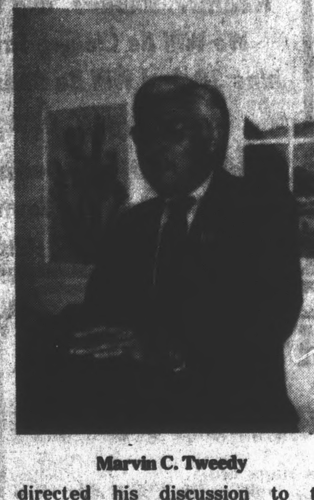
Crystal, a 1980 graduate of Appomattox County High School and a 1984 graduate of Louise Obici School of Nursing in Suffolk, Virginia, is presently employed at Louise Obici Memorial Hospital.

Larry, a 1979 graduate of Bertie County High School and a 1981 graduate of Chowan College, is self employed with his father in construction.

The couple plan an August 25 wedding at 7:30 p.m. at Trinity United Methodist Church in Concord, Virginia.

The Rev. David Drinkard will perform the ceremony.

Tweedy speaks at meeting



Marvin C. Tweedy

The Appomattox Chapter of the United Daughters of the Confederacy held its annual Jefferson Davis dinner meeting at the Heritage Inn on Thursday, June 21.

Mrs. Rachel Lawson was presented an honorary life membership to the Appomattox Chapter of the U.D.C.

A World War II Cross of Military Service was presented to Marvin Cardwell Tweedy, the son of Mrs. Marion Tweedy, one of the Chapter's Real Daughters, who was also present.

Mr. Tweedy served four years in the amphibious force of the U.S. Navy during World War II on an L.S.T. (landing ship for tanks) He participated in initial invasions in North Africa, Sicily, Salerno, Italy and Omaho Beach in Normandy, and spent 29 months overseas.

Mr. Tweedy of Lynchburg, Va. is retired from the Lynchburg Foundry Division of Mead Corporation, where he formerly was employed as vice president of marketing.

Later on in the program, Mr. Tweedy spoke to the 40 members and guests on the subject of intergrity defined by Webster as "uprightness of character, honesty, and soundness."

Mr. Tweedy related these aspects of integrity to people involved in wartime as well as personal traumatic experiences. Against their exposure to wartime action, he directed his discussion to the integrity of the fighting man, the backup or support of military people who didn't go off to war, such as mothers, fathers, wives, husbands and children. He pointed out that this latter group represented a strength of character that may tend to be taken all too casually.

A strong reference was made to the integrity of Jefferson Davis, president of the Confederacy. He pointed out that Davis' habits were marked by a quiet zeal, moral strictness, and firm adherence to what he believed was lawful and ethical.

He also related some personal observations during World War II primarily to show that it was a typical war and that all wars are traumatic and horrible beyond anyone's imagination. And that any sacrifice is worth it if it will keep war away from home soil.

In closing, he suggested that to Webster's definition of integrity add awareness and that every day there is an opportunity to help someone under stress.

This concluded the Chapter's meetings for this fiscal year, with the next meeting being planned for September 20, 1984.

Harveys announce birth

Mr. and Mrs. Donald W. Harvey are proud to announce the birth of their son, Justin Neil Harvey, on June 8, 1984 at 9:47 p.m.

He weighed seven pounds, and was 19 inches long at birth.

Maternal grandparents are Mr. and Mrs. Roy L. Sharp of Appomattox. Paternal grandparents are Mr. and Mrs. Albert Harvey of Appomattox.

Parties honor Handy and Thomas

Mrs. Mary Catherine S. Tanner of Lynchburg hosted a plant and wicker shower in honor of Miss Molly Ruth Handy at her home June 12.

The evening's light atmosphere was created by a buffet of fresh fruit and vegetables , cucumber sandwiches and fresh lemonade.

Those attending included Mrs. Elaine M. Handy, mother of the bride, Mrs. Ruth T. Thomas, mother of the groom; Miss Susan E. Handy, sister of the bride, and friends of the bride.

Mr. and Mrs. Frank S. Thomas and Mr. and Mrs. Frank L. Thomas entertained with an after-rehearsal reception in honor of Mr. Mark D. Thomas and his fiancee, Miss Molly R. Handy at Falling River Country Club June 15.

The buffet table carried through the pink color scheme which was prevalent at the Thomas-Handy wedding occurring at Liberty Baptsit Church June 16.

Those attending the reception included members of the wedding party, family and friends of the couple.

The buffet reception was catered by "Affairs To Remember" of Appomattox.

Miss Molly R. Handy and Mr. Mark D. Thomas were honored with a miscellaneous shower hosted by Mrs. Lordon Thomas of Appomattox, Mrs. William Foster of Lynchburg and Mrs. Frederick Thomas of Evergreen June 10 at the home of Mrs. Lordon Thomas.

An arrangement of spring flowers decorated the buffet table which included fresh fruit, sausage crescents and miniature pastries.

Those attending included Mrs. Cecil Handy, mother of the bride; Mr. and Mrs. Frank S. Thomas, parents of the groom; relatives and friends of the groom.

Go for it! Drive a great bargain in the Want Ads. Call 352-8215

How fast can we handle an auto claim? Very fast.
Nationwide agents are backed by a team of claims specialists capable of settling claims within 48 hours after proof of loss.
And Nationwide's "drive-to" claims locations help make it happen. One stop is usually all it takes.
Call a Nationwide agent. Ask about our "live wire" claims service. It's an important part of Nationwide's blanket protection for your family or your business.
KENNETH FRANKLIN
COURT STREET — APPOMATTOX, PHONE 993-2752 or 352-8880
NATIONWIDE INSURANCE
Nationwide is on your side
Nationwide Mutual Insurance Company Home Office Columbus Ohio

CENTURY 21
Countryside Real Estate, Inc.
just found gold.
Ralph Arrington
has a new home with us. And with the nation's largest real estate sales organization, the CENTURY 21® network.
When you're ready to buy or sell, see what happens when you put the gold to work for you.
Put Number 1 to work for you.™
Century 21
Countryside Real Estate, Inc.
Hwy. 460, Appomattox, VA.
INDEPENDENTLY OWNED AND OPERATED.

NEW MENU
Starting Thursday, June 28
Heritage Inn is excited to announce a brand new dinner menu with favorites such as Catfish Fillet, B.B.Q. Ribs, and More. Plus a menu just for children.
Wednesday Night's Special Italian Buffet has become another Heritage Inn success and is now a permanent part of the Inn's menu.
$5.50 Children Under 10 - $2.75
Come and eat at The Heritage Inn, your family restaurant. Relax in a casual atmosphere.
The Heritage Inn
- Appomattox
352-2405 Carry-Out Orders

PRE-July 4th Sale
ocean pacific®
AND
Panama Jack
ENTIRE LINE
TEE SHIRTS
SHORTS
MUSCLE SHIRTS
BATHING SUITS
HOODED SHIRTS
20% OFF
MEN'S - LADIES - CHILDREN'S
HEALTH-TEX Entire Line .... 25% OFF
HAGGAR SLACKS Value to $28.00 .... SALE $22.40
Men's Short Sleeve Dress Shirts Value to $20.00 .... SALE 20% OFF
LEVI KNIT SPORT SHIRTS Value to $15.00 .... SALE 20% OFF
SWEET APPLE SPORTSWEAR .... 40% OFF
PANT-HER, SMITH & JONES & LEVI COORDINATES .... 30% OFF
ASSORTED LADIES TOPS Value to $10.00 .... SALE $5.00
SHOES BY STRIDE-RITE, CONNIE, BASS, DEXTER, OP 9 WEST .... 20% - 50% OFF
STEPHEN'S FASHIONS
TRIANGLE PLAZA SHOPPING CENTER
HOURS: Mon. - Sat. - 10-6 — Friday 'Til 8 p.m.

JUN